



Paw Printed Newspaper

East Buchanan High School

Teacher Highlight

School can be a pretty overwhelming place. With all the fast paced work and early mornings, it can be hard to find time for yourself. So where do students go to escape? Some read books, others play video games, some use the physical distraction of sports. One of the most beautiful places to turn when students feel as though they are slipping into quicksand is music.

Mrs. Stevens, East Buchanan's instrumental music teacher, gives students a class to express themselves through music. When you are playing music, it's like you're drowning out all the stress and sorrow of the world around you, and living in the moment. Playing an instrument offers a peacefulness to ones life that cannot be described through words. It is absolutely mellifluous to hear an ensemble come together to reach and resonate in someone's soul in a way that words cannot. Mrs. Stevens instructs her students on how to use an instrument to execute this transcendence in ways that can be understood by inexperienced students.



She uses patience and love to teach something that can be taken from out of the walls of our school, and into the world to make it a better place.

Mrs. Stevens is passionate about what she teaches, and she knows what she is doing. She is always prepared, whether it's marching band, pep band, contest, or anything else thrown her way. Mrs. Stevens is full of compassion and understanding when students need someone to talk to, or a shoulder to cry on. Her students even nicknamed her, "Mama Stevens," because of her motherlike care for them. Mrs. Stevens is truly a friend to all.

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Spring Fashion

Worried about your wardrobe for the season of spring? Don't be! Spring is everyone's season! Now is the time to flaunt what you got! Stand out and be confident with the seasonal sundresses dresses, both simple solid-colors and fun patterns! Pastels are often the highlight of spring, inciting joy and soft beauty as you go. When it comes to shoes, boots with fur are out, and tennis shoes and Sperrys are here to stay! If you're worried about how to style your hair, just stick with the simple high ponytail, and if you have short hair, curl it out of your face or just leave it down. Be who you want to be!

Be confident and enjoy the season! Rayelynn Thomas



Teacher Highlight Cont.

From pumping up the crowd, to touching their hearts, Mrs. Stevens works hard without the expectation of gratitude. Be sure to thank her for everything she does for our school and band. Her dedication has moved mountains at EBHS, and it's time we let her know that we see and appreciate it. We love you Mama Stevens!

Lisa Dixon



FFA Information



FFA (Future Farmers of America) is a well known career and technical student organization, based on middle and high school classes that promote and support leadership and agricultural education. Our chapter went to a CDE contest on April 3 to go to districts. CDE is Career and Leadership Development Events. It covers job skills and just about everything regarding communications, mechanics, livestock, and more. You can compete individually or work with a team. In different ways, CDE is very similar to STAR Events with FCCLA. If you'd like to learn more about FFA, talk to Mr. Wilson. He would love to answer any questions you may have!

Rayelynn Thomas



Guess! That! Dude!

This man is best known for his work as a US Marshal in the late 1800s to the early 1900s. He was one of the three 'Guardsmen', and is still well known for his bravery and fairness in law enforcement.

Do you know who he is? The first person to email Delaney at 20dyoung@eastbuch.com will receive a free soda! Don't delay!



Student of the Month

Jackson Meyer, son of East Buchanan's art teacher Mrs. Meyer, never fails to impress us at East Buchanan High School. From his outstanding academic achievements to his miraculous musical talent, Jackson is the gift that keeps on giving! High school is hard as is, but Jackson balances a job and music lessons on top of it all. Keep up the great work, Jackson!

Lisa Dixon

The Scott Talk



"I'm not superstitious, but I am a little stitious."

Do you have a favorite quote? Sent it to Lisa Dixon at 21ldixon@eastbuch.com and check in on our Graduation Edition to see more!



~ horoscopes ~



It's finally starting to warm up! How are you feeling about it, East Buchanan? Is there something you need to look forward to, or look out for? Read your horoscopes and find out!

Aries (March 21 - April 19) *Happy Birthday!*

You're undergoing a self-discovery journey. This led you up to realizing passion and purpose, and this makes you excited! You're just getting stronger and smarter the more you follow this journey. It feels as if you want the entire world to know about your personal awakening! Along this journey, you have some opportunities ahead of you, but you need to slow down! You have enough time to get all those things you want accomplished. Also, be sure to think hard about your decisions. Of course you feel so sure of yourself, but don't take on more than you know you can take. This can lead to burnout, and that's the last thing you want.

Taurus (April 20 - May 20) *Happy Birthday!*

Last month was very exciting for you! But you may feel slightly overwhelmed with all these things happening. This month is about you slowing down and not hurry as fast as you have been. You did great work, so reward yourself with a self-care vacation! Having time to relax will help calm all your crazy thoughts, which will help you notice your creative intuition for what you want to do next. You also may need help to calm these thoughts. Talk to someone about these thoughts to put your mind at ease. Be sure to start the conversation to grow and find the people you can truly trust.

Gemini (May 21 - June 20)

Attention, attention, and more attention is coming to you this month! You're going to find people who share your ideas and want to support you. Even though all of this is very exciting, make sure to take things slow. The last thing you want is to go too fast and crash into a wall. Take a look at your close relationships as well. Start paying attention if the relationship is healthy and that there's harmony still between you two. You don't like being pinned down, so be sure to just trust how everything folds out. It may not be what you want, but it's what you need. You're also in the middle of making a big decision. You're doing great!

Cancer (June 21 - July 22)

Be sure to keep sticking to those goals! You have been slightly procrastinating on what your focuses are for this year. Maybe make a list of what needs to be done to keep you on track or set reminders so you don't forget what needs to be done during the day. There's also a big leadership opportunity coming your way! To get them done you may need to brush up on your knowledge and skills to help you get there. There's nothing wrong with learning new things to get bigger things done!

Leo (July 23 - August 22)

Your horizons just seem to be getting bigger and bigger! There's so many possibilities in store for you. Just remember that these are just possibilities, nothing set in stone. Just think about those things and try small things to see if you think it may be a good idea. Take your time and eventually you'll find out if you want to take these possibilities and make them opportunities. Romance or creative ideas may help ignite your motivation to try out these things! You may get butterflies in your stomach about this person or new creative awakening and it makes you inspired! You also may be giving someone too much attention. Be sure to back off and let them be their own person. Live your life and they'll live theirs!

Virgo (August 23 - September 22)

You're officially in airplane mode. Keep only a handful of priorities that are what's important to you right now, like relationships and projects. There might broken pieces that need to be fixed. You have a big commitment where it needs that attention. Even when times are tough, this will prove your commitment to this person and it will make both of you stronger than before. Everything happens for a reason!



~ horoscopes cont. ~



Libra (September 23 - October 22)

Your prime focus is relationships. You want to check up on the people closest to you and find out where you both stand. s a partnership, it can be professional or emotional. You both may explore into the unknown, but in the end it can benefit both of you, so give it a try! This is also a perfect time to work on serious relationships by having a honest conversation and rebuild your connection. Most importantly, you're also going to make a lot of new friends or more opportunities when it comes to your community.

Scorpio (October 23 - November 21)

You're life is a little bit of a mess right now. Right now you're ready to go back into the routine of things and carry out your plans. This is also a good time to start a new health journey. It can be small as doing a few crunches in bed before going to sleep or getting a gym membership. This can also be a change of diet and it can be a small change. ! Also take this time to do a self-evaluation. Make sure you're staying on the right path, and if anything seems astray, fix it! Everyone needs to stay in check with themselves!

Sagittarius (November 22 - December 21)

There's new adventures coming up for you in your future along with heavy commitment that demands your dedication. You have been working your butt off, but now it's time to take a break from work and make sure you're still having fun! This is the start of a new chapter in your life. To you this is overwhelming, and it can be like that for anyone. Just remember to take a deep breath and know that it's for the greater good!

Capricorn (December 22 - January 19)

Take some time to relax and reflect. Just because you make yourself vulnerable, it doesn't mean you're weak or imperfect. This is the start of a new, emotional, chapter in your life. You need to work on breaking childhood or family habits or find inspiration to reconnect with the core of who you are. Hang in there, things get better, but you have to get over bumps even on the safest road.

Aquarius (January 20 - February 18)

Right now you are wanting to share everything! You have ideas spewing out and you're ready to spill those ideas to everyone you know. This will work into your favor. Letting these ideas out in the open will let your inner genius shine through! Explore your creative and intellectual side as well while your at it to make these ideas even better!

Pisces (February 19 - March 20)

Now is your time to wind down. Trust me, you've earned it after all the madness and chaos of last month. Identify what's the most important and make them your priorities. During this time of calm, you also want to start a new fitness routine, diet, or DIY project for the spring! The turtle didn't win because he slid on his back, it was because he took his time.

This month is very exciting for a lot of you, and it's also a relaxing and self-reflecting for some. Despite the situation, all these things happen for the greater good. Trust the world, it may be chaotic, but it has the best intentions. Have a good April, East Buchanan!

